

This year's newsletters are written especially with grandparents in mind, honoring the unique and sacred role you play in the faith lives of your grandchildren. At the same time, many of the ideas shared here can be lovingly adapted for parents, godparents, mentors, teachers, and anyone who walks alongside a young person. We encourage you to read **with your own relationships in mind** and to adapt these small, intentional acts of faith to the children and youth entrusted to you.

### **The Mustard Seed of Faith**

Jesus tells us in the Gospel of Matthew: *"If you have faith the size of a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you."* (Mt 17:20)

A mustard seed is tiny—barely visible when held in your hand. Yet from something so small, a plant grows that can spread wide, offering shelter and shade. Jesus reminds us that even the smallest act of faith carries God's power within it.

As grandparents, it's easy to feel discouraged when children or grandchildren seem far from the Church. We may be tempted to think: *What difference can I make now?* But the truth is, you have already planted many mustard seeds of faith—sometimes without even realizing it.

- Every bedtime prayer you once said with a child.
- Every Sunday you faithfully came to Mass, week after week.
- Every meal you blessed with the Sign of the Cross.
- Every quiet rosary prayed for a loved one.

These small seeds may look invisible now, but God is at work. Just like a seed hidden in the soil, faith can take years—sometimes decades—to sprout. But when the time is right, often during a crisis or moment of searching, the memory of your faith becomes a guiding light for your family. They remember: *Grandma trusted God through her illness. Grandpa prayed daily and faced hardships with peace.* And that memory awakens something deep inside them.

Your role is not finished. In fact, it may be more important than ever. By your prayers, your witness of peace, and your quiet perseverance, you continue to sow seeds that God will bring to harvest in His time.

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## Blessing for This Month

*Lord Jesus, You promised that faith as small as a mustard seed can move mountains. Help me to plant seeds of faith in my family with patience and love. May those seeds grow into a deep trust in You for generations to come. Amen.*

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### Seed of the Month

#### Speak a Blessing

Take a moment this month to bless your children and grandchildren—whether in person, on the phone, or in writing. Use the ancient words from Scripture:

*“The Lord bless you and keep you; the Lord make His face shine upon you and be gracious to you; the Lord turn His face toward you and give you peace.”* (Numbers 6:24–26)

Your words may be the very seed God uses to grow faith in their hearts.

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**Looking Ahead:** Next month we'll reflect on *The Power of Prayerful Intercession*—discovering how daily prayer for our families can shape their future in faith.